

NAVIGATING THE DISSERTATION JOURNEY

This workshop explores strategies for organizing your writing, interpreting feedback, managing revision cycles, and strengthening your scholarly voice. We will also discuss how to maintain momentum and manage common stressors such as perfectionism, writer's block, and general academic stressors. By the end of the session, attendees will have a more sustainable approach to navigating the dissertation process.



Topics

Task Management:

- Organizing research and writing
- Maintaining momentum
- Communication with committee

Feedback:

- Editing
- Revision

Managing Writing Stressors:

- Perfectionism
- Imposter phenomenon
- Academic stressors

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