

Individual Coaching

This 50-minute session focuses on what you need the most, from general academic skills, specific writing tasks you are working on, language use, or oral/presentation skills.



Writing:

- Various stages of the writing process (brainstorming, outlining, revising, polishing).
- Wide range of academic documents, including essays, personal statements, research papers, theses, dissertations, grant proposals, articles, and more.
- Review of feedback you may have received.
- Get started on writing.
- Mindfull practices to overcome perfectionism, writer's block, writing stressors and more!

Presentations:

- Review of slides
- rehearsal
- Organization
- Development
- Presentation style, timing
- Pronunciation, intonation, and rhythm.
- Time management

Questions? Contact us!



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